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| Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. | Watch and notice worthwhile qualities and characteristics of others. |
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Acknowledge them verbally, it says you can write a message to that person but telling them face-to-face is the absolute best way for you and that person to feel the spirit.